Dr. Karyl Rattay
Director, Delaware Division of Public Health (DPH)
DELAWARE’S SHIP

KARYL RATTAY, MD, MPH
DIRECTOR, DIVISION OF PUBLIC HEALTH
DELAWARE DEPARTMENT OF HEALTH AND SOCIAL SERVICES
PURPOSE
IMPROVED HEALTH OUTCOMES

- Healthy Lifestyles
- Shared Measures
- Aligned Resources
- Improve Population Health
- Quality Improvement
- Common Agenda
- Reduce Health Care Costs
- Evidence-Base Approaches
SHIP TIMELINE AND ACTION CYCLE

First SHIP Published

2014 2015 2016 2017 Q2 Q3 Q4

2018 2019 2020

2021 2022 2023

2017 SHIP Needs Assessment

2017 SHIP Recommendations Report

DPH National PHAB Accreditation 3/08/2016

YEAR 1

• Health Assessment
• Recommendations

YEAR 2

• Stakeholder Outreach
• Program Alignment

YEAR 3

• Ongoing Assessment
• Additional Programs

YOU ARE HERE

* SHIP Summary Document published December 2018
SHIP PRIORITY AREAS

1. Chronic Disease
2. Maternal and Child Health
3. Substance Use Disorder
4. Mental Health
To receive the biggest benefit, the Delaware SHA and SHIP also point to efforts needed system-wide and adopting policies, systems, and environmental including:

- Promoting health in all policies (HiAP)
- Addressing the social determinants of health (SDOH).
Life Expectancy at Birth by Census Tracts, Delaware

The life expectancy at birth were estimated using 2010-2015 death data. Unshaded census tracts do not have a complete age-specific mortality information and acceptable mortality schedules.

Sources:
US Census Bureau.
SNAPSHOTS OF WILMINGTON AND DOVER:
PERCENTAGE BLACK POPULATION AND LIFE EXPECTANCY
DETERMINANTS OF HEALTH

Source: Dahlgren and Whitehead, 1991
Where people are born, grow, live, work, and age
→ School-Based Programs to Increase Physical Activity
→ School-Based Violence Prevention
→ Safe Routes to School
→ Motorcycle Injury Prevention
→ Tobacco Control Interventions
→ Access to Clean Syringes
→ Pricing Strategies for Alcohol Products
→ Multi-Component Worksite Obesity Prevention

→ Early Childhood Education
→ Clean Diesel Bus Fleets
→ Public Transportation System
→ Home Improvement Loans and Grants
→ Earned Income Tax Credits
→ Water Fluoridation

Social Determinants of Health

Changing the Context
Making the healthy choice the easy choice

HI-5

HEALTH IMPACT IN 5 YEARS
What is Healthy Communities of Delaware

HCD IS AN INITIATIVE TO ENHANCE THE ALIGNMENT, COORDINATION AND VOLUME OF INVESTMENTS IN DELAWARE’S COMMUNITIES TO ADDRESS THE SOCIAL DETERMINANTS OF HEALTH.
GUIDING PRINCIPLES

• Collaborate with the Community
• Embed Equity
• Mobilize Across Sectors
• Increase Prosperity to Improve Health
• Commit Over the Long Term

https://buildhealthyplaces.org/principles-for-building-healthy-and-prosperous-communities/
HCD provides:
- Cooperative Culture
- Knowledge sharing between communities
- Capacity building (supporting communities in growth/ phases of development)
- Technical assistance (supporting communities in developing concrete strategies aligned to best practices relate to Social Determinants of Health)

Known needs of communities:
- Communities have different categories of capacity and needs
- All need technical assistance in creating strategic plans related to SDOH
- All need support with true capacity building to arrive at “readiness” for funding: leadership commitment, financial accounting abilities, capacity to measure and evaluate results, organizational management, governance.
• The landing page for a geographic region (e.g., state, county, zip code, etc.) offers census-based sociodemographic facts
  • Population
  • Population density
  • Race / ethnicity
  • Age
  • Deprivation index
  • Median income
  • Residents living below the poverty line
  • High school graduation
health happens here
SHARE YOUR THOUGHTS

Thank you for your hard work and perseverance!

Read the SHIP Annual Report at: DelawareSHIP.org.

Share our work among other stakeholders to broaden our network.

Be sure to take the stakeholder survey on the website!
Thank You!